

Spiritual Destination was founded in the year 1993 with three main Objectives.

To promote Spiritual Vashikaran Kits for the benefit of the people by removing doubts from their minds about mysteries surrounding Amulet and making them aware of the properties of this Spiritual Vashikaran Kits as mentioned in our ancient scriptures as well as through scientific and practical usage of Amulet.

To supply good and genuine quality Spiritual Vashikaran Kits at reasonable prices to people worldwide.

To continuously enhance knowledge on the properties of this Spiritual Vashikaran Kits based on past researches and experiences of people.

Mantras are mystic sounds which produce certain type of energies. Mananath Trayathe Ithi Mantraha-

Mantra protects the person who recites it. This means Mantras are

primarily invented by great seers for the welfare of the society.

The cosmic energy we always receive contains different energies coming from different celestial bodies. Because we are part of our solar system,

the energies coming from the Planets in this solar system always fall

on us, and absorbed by our body. These energies are much needed by

every one of us. They drive our daily activities and decisions. Our

life force is indeed combined with these energies. When there is a

deficit of any of these energies, the related problems will arise.

For example, when there is a deficit of energy coming from Sun, health

problems like headache, bad eye sight weakness of heart etc will

occur. Also there will be problems with one's boss or government

officials. There will be obstacles in acquiring paternal property. We

can overcome all these problems by increasing the Sun's energy in the

individual by adopting various techniques. Recitation of Sun's Mantra

is the most effective technique.

What happens when a Mantra is recited? When we repeatedly utter a Mantra we are tuning to a

particular frequency and this frequency establishes a contact with the

cosmic energy and drags it into our body and surroundings. Thus we

can balance the energies and also increase the level of a certain type

of energy, which promote certain actions and events. For example, if

we increase the Mercury's energy level, it promotes us to take

intelligent steps in business.

We know that all knowledge was originated in ancient India. Hence it is not surprising to know that the first International University in the world was established in India in 427 BC.

Scholars from different countries used to get enlightened in various subjects from this University. Hence, the knowledge related to mantras and mysticism also had spread from India to other countries in those days. This is the reason, we see mantras in various countries and cultures, even today.

Mantra recitation is a cult or an exclusive tradition which was descended from ancient sages of India. The sages had prescribed some code of conduct for any person who wants to derive benefits of mantras. These principles should be strictly adhered; otherwise the person is liable to more problems. In this article, we will discuss some important points to be followed by every one to derive benefits from mantras.

First and foremost, the person who wants to get initiated into mantra recitation should find a Guru.

Getting a real Guru is very difficult task and most of the people end up without any Guru. The technique to get a Guru is to keep your body and mind clean and pious. It means you should not indulge into any bad habits. You should control your mind.

You should read books on spiritualism and biographies of great Gurus and develop feelings of devotion towards Gods and past Gurus like Sankaracharya, Ramanujacharya, Madhvacharya, Rama Krishna Paramahansa, Vivekananda, Ramana Maharshi, Babaji, Shirdi

Sai baba, etc. In this way, your mind slowly becomes purified. Once your mind and body is pure, Gur

u will come in contact with you.

Eka beeja (mono sound) mantras such as given in this web site in the page: The Mystery of Mantras can be recited without the need of a Guru. For other mantras, where two or more sounds are combined, a Guru is needed. I have seen people reciting Gayatri mantra and other big mantras just by getting them from a book or listening to them on an audio CD or downloading them from a web site. This is absolutely wrong. Please remember mantras are not commodities sold in the market.

The actual purpose of mantras is to destroy the effect of bad karmas of our past lives and lay foundation for a better life in the coming births.

The reason why a Guru is needed to get mantras is that your Guru only knows which mantra is suitable to you. He trains you in the pronunciation and modulation of the mantra. When he is giving a mantra to you, he is also imparting some of his energy through that mantra. This works like a booster so that you can recite that mantra without any obstacles.

The actual purpose of mantras is to destroy the effect of bad karmas of our past lives and lay foundation for a better life in the coming births.

It is important to have complete faith in the recitation of Mantras. It is primarily through faith - aided by strong will - that one achieves one's goals. A sound body and calm mind are essential for the chanter of Mantras. Once you are free from all worries and have achieved stability in mind and body, you will derive maximum benefit through the recitation of Mantras. You must have a definite object in view and a strong will power to obtain the desired objective, and then direct that will to achieve the goal.

I firmly believe that the sound of Mantra can lift the believer towards the higher self. These sound elements of Sanskrit language are permanent entities and are of everlasting significance. In the recitation of Sanskrit Mantras the sound is very important, for it can bring transformation in you while leading you to power and strength.

Different sounds have different effects on human psyche. If a soft sound of wind rustling through leaves soothes our nerves, the musical note of running stream enchants our heart, thunders may cause awe and fear.

The sacred utterances or chanting of Sanskrit Mantras provide us with the power to attain our goals and lift ourselves from the ordinary to the higher level of consciousness. They give us the power to cure diseases; ward off evils; gain wealth; acquire supernatural powers; worship a deity for exalted communion and for attaining blissful state and attain liberation.

Stages of Mantra recitation

There are 3 stages to recite a mantra. The first stage is to recite it aloud, so that it is audible to every one around you. While doing this, you should concentrate on the mantra sound only. You should recite mantra in this way in the initial stages. This stage lasts generally for 3 to 6 months.

The second stage of reciting mantra is to recite it like a whisper so that you will only hear it. Here, you should concentrate on the inner sound that is originating within you. This stage should be followed for the next 3 to 6 months.

The third stage of reciting mantra is to do it silently without moving the lips. In this stage, you should focus your attention on God or Goddess of the mantra. This stage is the final stage and to be followed for the rest of the life.

Before reciting the mantra, kindle a lamp with cow ghee before the photo or idol of your mantra God or Goddess. Sit facing East or North-East direction. While reciting the mantra, you should close your eyes and see straight. You should keep your back straight and then loosen all your body parts such that there will not be any pressure in the body.

Principles to follow

Once you have taken a mantra, you should completely avoid habits like smoking, non vegetarian food, alcohols, sex with women other than your wife.

You should not be angry with any one in any instance. You should develop the feeling that every thing is done by God and you are a mere spectator in this world. At soul level, you do not have any enemies or friends.

You should not tell lies. You should talk very less .

You should not use abusive words or foul language towards any one.

You should not touch a lady in her menstrual period. If you happen to touch her, then you should take head bath and wear ironed clothes.

You should never sit on the floor directly when reciting the mantras. If your body contacts the floor, your mantra power will go into earth. You should

d sit on a wooden plank with a silk cloth on it.

First of all, you should take Gayathri mantra from your Guru. Once you completed recitation of Gayathri for at least 1,00,000 (one lakh) times, then you are eligible for taking another mantra of your choice.

First of all Gayathri mantra should be recited for 108 times in the morning. Then you should recite your own mantra for at least 108 times or in multiples of 108 like 2X108 or 3 X 108 etc.

It is advisable to use a rosary (maala) of 108 beads to count how many times the mantra is recited. It is better if you use rudraksha rosary or crystal beads. When counting, you should pull the beads using your right hand's middle finger and thumb. After 108 times, if you want to do the recitation for another 108 times, then the rosary should be reversed, so that the counting will start again in the same direction.

Mantras also have birth and death like human beings. The moment of taking the mantra from Guru represents the birth of the mantra. If the person stopped reciting the mantra, it becomes death of the mantra. Hence if you do not recite the mantra, your mantra will die and you will go to hell because of this sin.

Mantra recitation should not be done when one of your close relatives or family members die. Mantra recitation should be stopped for one month from the date of the funeral. After one month, first you should recite Gayathri for 1000 times and then continue recitation of your mantra as usual.

The best time to recite the mantras is starting 1 hour before the Sunrise time. You can continue recitation even after 1 hour from the Sunrise time.

Mantras should be energized during solar and lunar eclipses. Take head bath just before the eclipse starts. Start recitation of mantra when eclipse starts and continue the recitation till it ends. After the eclipse is over, take head bath again. Reciting the mantra for once during the eclipse time is equal to reciting it for 1000 times in normal days.

If new Moon (Amaavasya) happens to be on a Sunday, it works like an eclipse. So, on that day it is advisable to recite the mantras for a maximum time.

You should never reveal your mantra to any one, unless your Guru gives his consent to do so.

If you do not have a Guru and you were not initiated into mantra recitation, then it is better to recite stotras (verses) like Astottaram (108 names) and Sahasram (1000 names) of Gods or Goddesses. Guru is not needed for these stotras. You can take the help of a pujari or pundit to know how to utter the stotras correctly.

After completion of recitation for One lakhs of times, one day you will get mantra siddhi (the perfection of mantra). During this process, your face becomes bright and your body glows like gold. Then you will get some powers where you can foresee what happens the next moment in your life and in anybody's life. You can also have the things done at your will. Some times, you will have the power of controlling some or all the 5 elements (Fire, Earth, Air, Water and Sky).

For example, you can stop the heavy rain for a specific time. You should not talk about these powers with any one. Also, you should not feel proud of such things. Remember, it is not our intention to achieve powers. Our target is to realize the Supreme soul.

Rules to wear Energized Amulet:-

There are some very extremely important points which should be followed/remembered with wearing of Amulet & Kits, these are listed below.

Energise/Pran Prathista Amulet Or Kits from a brahmin pandit in a Kali temple & then wear your energised Amulet Or Kits for first time immediately after its Pran Prathista puja.

Before you wear your energised Amulet Or Kits for first time make sure you follow the vidhi of saying the mantras as laid down in scriptures.

Hereafter every time you remove or wear your Amulet Or Kits (after its puja) say om-namah-shivah minimum 3times or 11times .. mansic jap is ok.

Amulet Or Kits can be worn at all times and scriptures do not mention any Taboo. Since it is an item of energy some people prefer to remove during Sex, visit to funeral grounds and during bowel movements. This is however not compulsory and not mentioned in ancient texts.

After you come back from attending participating in some one's death funeral procession &/or visiting the cemetery or cremation ground, then 1st thing you should do is take a complete water bath. Make sure you wet your head & forehead & neck regions thoroughly with water and then wear

Amulet & Kits.

Make sure there is no rahu kaalam & yamghat kaal at time of buying a new Amulet & Kits & the time of doing its Pran Prathistha puja & also at the time of wearing energised Amulet & Kits for the first time, do please refer to panchag.

Never touch Amulet Or Kits with dirty hands.

Never touch Amulet Or Kits with pointer fingers.

If at all by mistake you have touched your Amulet & Kits with dirty hands then pour some good amount of ganga jal on Amulet & Kits & ask forgiveness from Goddess Kali & then touch Amulet & Kits to Goddess Kali

photo or shivling & then wear it, it is good to keep Ganga jal 1 or 2 bottles handy at home.

Navratri,
Shivaratri,
Mahashivratri
Full moon of the month
New moon of the month

&
Eclipse are auspicious times to dharan Amulet & Kits, there may be some more however I am not aware of it.

If for some reason you are not able to dharan/wear your Amulet & Kits then keep it in a small box at puja place & offer daily namaskar with om-namah-shivah jap.

Sometimes mistakes may happen with Amulet & Kits after all we are all humans however a person should remember not to repeat those same mistakes again.

Always buy Amulet Or Kit from your own money & not other people's borrowed money, in case if you do borrow money then make sure you return that amount which you used for purpose of Amulet & Kits, also I feel that one should not bargain when buying Amulet & Kits.

Get your Amulet Or Kits re-energised through its Pran Prathista puja once every year at maha shivaratri or shivratri Or Full moon of the month.

It is suggested that you have strong thread to place Amulet & Kits in, or use multiple strands of thread to make it strong so that thread does not break off anytime & Amulet & Kits does not fall to ground.

Amulet & Kits should not be exchanged or interchanged after you dharan/wear it.

I personally feel good books on Tantra are

Aagmukt Yoga Sadhana \$10.00
Aapdudharak Shri Batuk Bharav Stotra \$10.00
Adbhut Durga Saptshati 100.00
Adbhut Durga Saptshati(Havanatmak) \$100.00
Adhyatma Yoga \$5.00
Aghor Mat Ka Nirupan \$25.00

Akashaya Vat 5.00
Alop Shankari Devi \$5.00

Anand Lahari 15.00
Babashri Charitamrit \$30.00
Badari-Vishal-Valabha \$5.00
Bagala-Nityarchan \$40.00
Bagala-Sadhana \$35.00
Baghvat Dharma Ka Pracheen Itihas \$15.00
Baghvati Manas-Puja-Stotra \$10.00
Baghvati Shatak \$5.00
Bala-Kalpataru \$35.00
Bala-Khadag-Mala \$15.00
Bala-Stava-Manjari \$25.00
Bhakti-Yoga \$5.00
Bharavi-Chakra-Pujan \$6.00
Bhavani Sadhana \$15.00
Bhuvneswari-Stava-Manjari \$20.00
Bihar Ke Devi Mandir \$8.00
Bihar Mein Shakti Sadhana \$15.00
Chakra Puja Ke Stotra \$25.00
Chinna-Masta Nityarchan \$20.00
Dakaradi Shri Durga-Sahastranam \$20.00
Dash Maha-Vidya Ashtotar-Shat-Nam \$30.00
Dash Maha-Vidya Ashtotar-Shat-Namavali \$30.00
Dash Maha-Vidya Gayatri, Dhyan avom Stuti \$30.00
Dash Maha-Vidya Kavach \$30.00
Dash Maha-Vidya Mantra-Sadhana \$30.00
Dash Maha-Vidya Tantra \$60.00
Dhan-Prapti Ke Prayog \$10.00
Dharma-Charcha \$10.00
Dharma-Marg Par 25.00
Dhyan avom Pranam Mantra \$20.00
Dhyan-Yoga avom Vichar-Yoga \$5.00
Diksha-Prakash \$35.00
Dipawali Ki Puja-Vidhi \$15.00
Dipawali Visheshank \$45.00
Divya Yoga \$6.00
Durga Kalpataru \$15.00
Durga Saptshati (Beejatmak) \$6.00
Durga Saptshati (Padyanuvad) \$15.00
Durga Saptshati (Vishudh-Sanskaran) \$25.00

Durga-Aarti \$2.00
Durga-Sahas-Nam-Sadhana \$5.00
Ganga-Yamuna-Sarasvati Puja Ank \$5.00
Gayatri Kalpataru \$30.00
Guru Tantra \$10.00
Guru-Tatva-Darshan avom Guru Sadhana \$15.00
Hath-Yoga \$5.00
Hindi Kamakhya Tantra \$50.00
Hindi Kaulvani-Nirnaya \$25.00
Hindi Kularnava Tantra \$50.00
Hindi Maha-Nirvana Tantra \$80.00
Hindi Prana-Toshini Tantra \$75.00
Hindi Shaktanand-Taragini \$15.00
Hindi Tantra-Sara \$250.00
Hinduo Ki Pothi \$25.00
Holika-Mahima evom Pujan-Vidhi \$5.00
Homage To Ancestors (Pitra-Puja)
Kali Nityarchan \$15.00
Kali-Karpoor-Stav (Savidhi) \$6.00
Kapalik Uvach \$10.00
Kashmir Ki Vaicharik Parampara \$10.00

Kaul Kalpataru \$20.00
Krishna Sadhana \$25.00
Laghu Chandi \$10.00
Lalita Peeth-Prayag \$5.00
Lekh-Sangrah(Swami Divyanand Ji) \$5.00
Maha-Chinachar-Sara-Tantra \$20.00
Maha-Ganapati-Sadhana \$35.00
Maha-Shakti-Pitha-Vindhyachala \$20.00
Maha-Vidya-Stotra \$20.00
Manas Ke Sidh Stotra \$10.00
Mantra-Kalpataru \$70.00
Mantra-Kosha \$200.00
Mantra-Sidhi Ka Upaya \$6.00
Mantratmak-Saptshati \$500.00
Mantra-Yoga \$5.00
Mool Chakrarchan \$15.00
Mudrayaien evam Upachara(Sachitra) \$20.00
Mumuksha Marg(Part 1) \$15.00
Mumuksha Marg(Part 2) \$80.00
Narvana-Yantra-Pujan-Vidhi \$5.00

Nava-Graha-Sadhana \$50.00
Navaratra Visheshank \$100.00
Navaratra-Puja-Padhathi(Vadik) \$3.00
Nishkam-Yoga avom Karm-Sanyasa Yoga \$10.00
Panch-Makar Tatha Bhava-Traya \$20.00
Panch-Makar Visheshank \$100.00
Parayan Vidhi \$6.00
Parshuram Tantra \$10.00
Prana-Toshini Tantra (Sarg & Dharm-Kand) \$50.00
Puja-Rahasya \$100.00
Raj-Yoga \$5.00
Rama-Parayana \$35.00
Sadhak Ka Sanvad \$25.00
Sadhana-Rahasya \$40.00
Sampadak Ke Sansmaran \$50.00
Santan-Sukha-Prapti Ke Prayoga \$6.00
Saptshati-Sukta-Rahasaya \$40.00
Saptshati-Tatva \$30.00
Sarth Chandi (Shri Durga Saptshati) \$250.00
Sarth Saundarya-Lahari \$75.00
Satra-Divasiya Saptshati-Path \$35.00
Saundarya-Lahari (Padyanuvad) \$10.00
Saundarya-Lahari Ke Yantra-Prayog \$20.00
Savidhi ShriRudra-Chandi \$8.00
Shabar-Mantra Sangrah(12 parts) \$380.00
Shakt Dharma Kya Hai? \$15.00
Shat-Chakra evom Añçâ, -ËœKundalani SadhanaÃçâ, -â,, ç \$
35.00
Shat-Chandi-Vidhan \$25.00
Shiv-Shakti-Visheshank \$40.00
Shodash Lakshami Shri Lalita Puja \$25.00
Shri Chakra-Rahasya \$20.00
Shri Lalita-Trishti \$35.00
Shri Sukt-Vidhan evam Prayoga \$25.00
Shri Tripura Mahopanishad \$6.00
Shri Vidya-Saparya-Vasana \$100.00
Shri Vidya-Stotra-Panchkam \$35.00
Shri Yantra-Sadhana \$10.00
Swara-Vigyan \$45.00
Tantra Kalpataru \$100.00
Tantrokt Shabd-Brahma-Sadhana \$40.00

Tara-Kalpataru \$35.00
Tara-Stava-Manjari \$20.00
Tatva Vivechan \$3.00
Vaidik Devi-Puja Padhiti \$5.00
Vaidyanath-Dham-Mahatamaya \$35.00
Vigyan-Yoga \$5.00